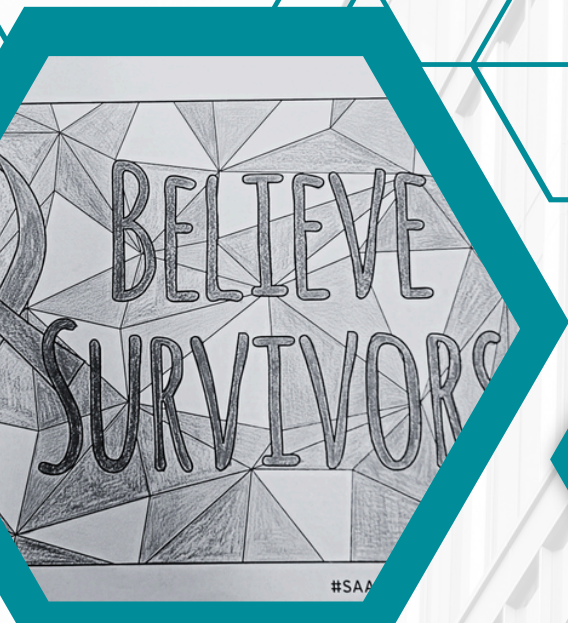




IMPACT REPORT 2023-24



Lebanon

717-272-5308
615 Cumberland St.
Lebanon, PA 17042

Schuylkill

570-628-2965
17 Westwood Rd.
Pottsville, PA 17901

sarccheals.org | [@sarccheals](https://www.instagram.com/sarccheals)



40 years of transformative community service.

HEALING HEARTS SINCE 1983

HEALING INVITES A HOPEFUL FUTURE

"I am a Foster/Adoptive mother to 7 children. In our 10 years we have had three experiences with SARCC.

My teens/young adults were treated with such care and acceptance. The trauma they experienced throughout their years, coupled with the fact that it came from the very ones who are supposed to protect them, has formed some pretty strong and high walls.

*Without the services provided, I would not have the children I do today. Children who were **Accepted, Heard, Validated, Guided,** treated with **Respect,** and taught **THEY HAVE A VOICE.***

They still have growth within them but we all do after all. Thanks to the support they received they stand a fair chance in life. A better chance. A hopeful future. We could not have done it without SARCC!"

'24/7/365 SUPPORT

Your donation allows us the privilege of working with child and adult survivors in **Lebanon and Schuylkill Counties.** Through no-cost advocacy, 24-hour support, therapy services, and prevention education we work to heal hearts in our community. Thank you for joining us to promote our mission.



Speak-up Speak Out Event Posters



Artwork by 2023 SARCC Client

OUR WORK. OUR MISSION.

- **Nearly 1000 survivors** received no-cost support last year.
- Volunteerism & Community outreach **increased!**
- Over **17,000 people** learned tools for prevention.
- New partnerships for **community-based prevention** in Lebanon and Schuylkill Counties.
- **96%** of donations support services.

Prevent sexual violence. Promote healing.

Why support SARCC?

Last year, SARCC gratefully received \$151,907 in charitable giving and accepted 3,466 hours of volunteer services valued at \$105,053. We are careful stewards of the charitable donations and local, state, federal, and foundation grants received. 94.2 cents of fundraised every dollar goes directly back into services.

What does your support provide?

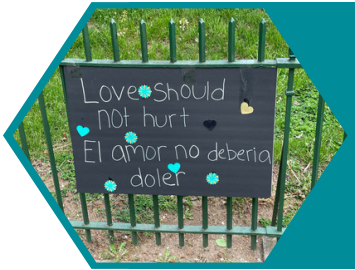
- \$20** = 1 hour hotline counseling
- \$60** = 1 hour of advocacy support
- \$125** = 1 hour of Trauma therapy
- \$250** = 1 hour of support group facilitation
- \$500** = Accompaniment for one family at a trial
- \$1500** = 10 session prevention program
- \$2500** = A week of summer camp programming
- \$5000** = One month of supported housing



EDUCATION PROGRAMS

\$35,000 NEEDED

Support our Primary Prevention Education for parents and supportive adults, programs for kids and teens, and our human trafficking awareness campaign.



HUMAN TRAFFICKING RESPONSE

\$100,000 NEEDED

Allow our staff to develop a targeted case management and housing support program, specifically for trafficking victims. There is no equivalent service in our area and we have needed to refer victims out of county for support and housing during the past four years.



TRAUMA THERAPY PROGRAM

\$493,750 NEEDED ANNUALLY

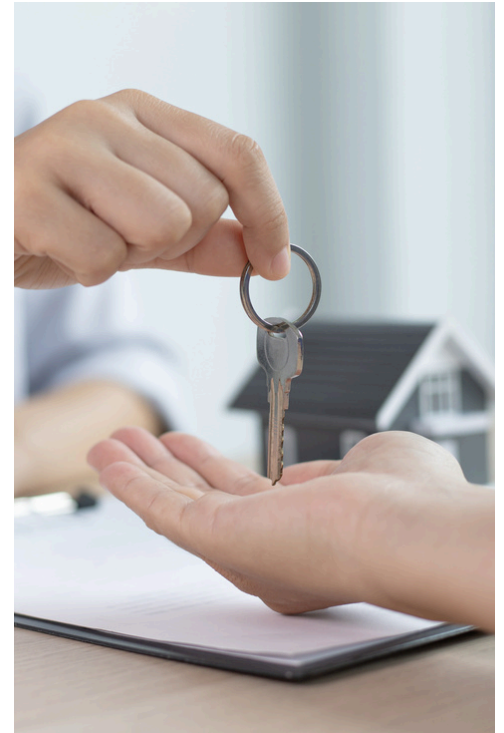
Our Licensed Therapists have training in evidence-based treatment interventions to help give sexual violence survivors the tools they need to heal and thrive after experiencing trauma and abuse. Currently, we offer TF-CBT, EMDR, and Internal Family Systems therapies.



SUPPORTED HOUSING PROGRAM

\$1,000,000 NEEDED

Demand for affordable, safe housing is higher than stock in our communities. Housing instability increases risk for experiencing additional victimizations and human trafficking. Our long term goal is to establish up to 5 safe houses in our two counties offering permanent supportive housing options for survivors in our communities.



LOW-BARRIER SUPPORTIVE HOUSING

Healing at Home

Both Schuylkill County and Lebanon County residents and survivors face housing barriers related to poverty, economic decline, lack of housing, lack of access to mental health, and barriers to social services.

The Healing at Home project offers permanent, supportive housing solutions through subsidized rental assistance and case management services for sexual violence & human trafficking survivors, as well as populations at high risk for violence. This includes victims of violent crime, people with disabilities, LGBTQ+ populations, transition-age youth, and individuals in recovery.

Using a graduated, income-based supported housing structure for community members at high risk for violence, we will establish the safe home base from which survivors can re-build their lives. During the time they are in housing through this Healing at Home project, we will offer case management support and access to victim advocacy services, and we will help to facilitate a referral for no-cost trauma therapy if desired.

WHY SUPPORTED HOUSING?

According to the National Sexual Violence Resource Center (2012), ***“safe, affordable, and stable housing can be a protective factor against both sexual violence perpetration and victimization.”***

Demand for affordable, safe housing is higher than home stock in our communities. Housing instability increases risk for experiencing additional victimizations and human trafficking. Our long term goal is to establish safe houses in our two counties offering permanent supportive housing options for survivors in our communities.

Mission Highlights | 2023-24



967 new sexual assault, abuse, harassment, & trafficking clients.



4,421 Hours of Victim Service
842.83 Hours of Therapy



117 New Therapy Clients
EMDR & TF-CBT modalities in both offices



Purchased 2 Homes
Expanded services to offer permanent supported housing.



17,060 Education Participants
Trainings to **1310** Professionals



\$151,907 charitable giving
96% giving supports services



3,527 hours volunteer service
= **\$105,053** in-kind service!



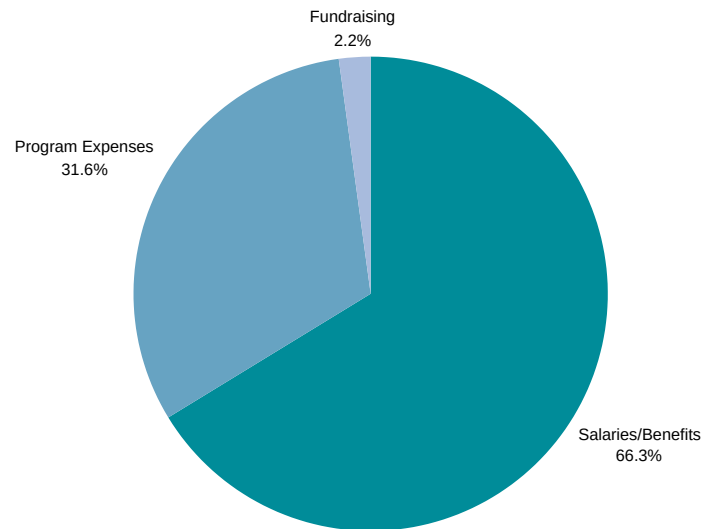
444 hotline calls
675 Community Referrals



80 Community Events
910 hrs + **771** system contacts

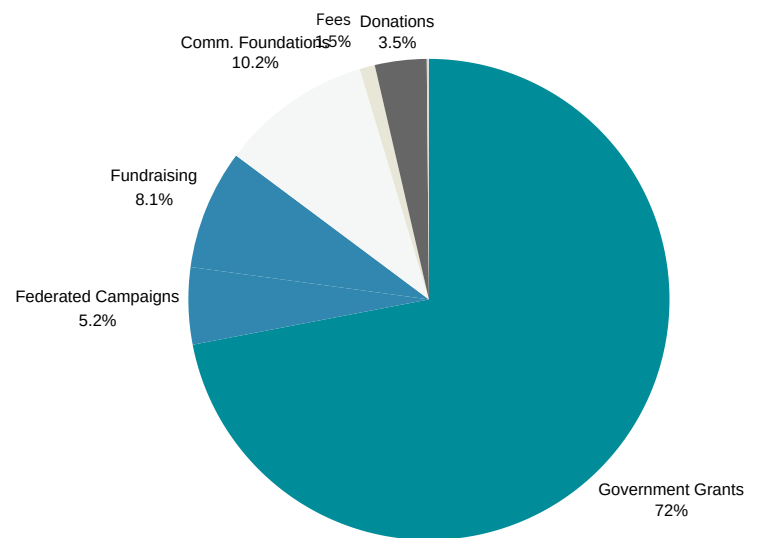
TOTAL EXPENSES:

\$1,301,735



TOTAL REVENUE:

\$1,317,869



*Financial information pending audit.

 Prevent sexual violence. Promote healing.



Preventing Sexual Violence.

SARCC programs target all age groups and help them to build skills for identifying grooming and violent behavior. People of all ages have the power to prevent violence. We want to help our communities understand risk factors and build up protective factors. **SARCC provided prevention and community education to over 17,000 individuals last year.** We saw measurable growth in knowledge and skills for prevention in every program we offered.



CONNECTED TOGETHER INITIATIVE COMMUNITIES THAT CARE

Good prevention requires a community effort. The Connected Together Community Board uses the Communities That Care Model to track local data and measure real change.



SOCIAL DEVELOPMENT STRATEGY COMMUNITIES THAT CARE

Providing a pathway to positive behavior and safe social bonding prevents virtually all forms of violence and risky youth behavior. Using this model, we train local adults to create mentoring relationships with you.



TRAUMA PROFESSIONALS TRAINING COMMUNITIES THAT CARE

16 local justice-system professionals participated in a 6-month Trauma Sensitive Professionals Certification process with Lakeside Global Institute. Understanding trauma creates a broader safety net in our community.



■ Prevent sexual violence. Promote healing.

Promoting healing.



Advocacy in Systems

Schuylkill

570 total clients
215 children

Lebanon

397 total clients
148 children

4,421 hours of
victim service

910 systems hours
771 system contacts

444 hotline calls
675 referrals from
system partners

Criminal and Civil Protections

SARCC advocates support survivors through police reporting, trials, filing protection orders, and accessing victim's compensation. No one chooses this experience, but they do have rights and choices in their justice and healing.

Support at Forensic Exams

Our advocates provide support to both children and families referred for forensic exams at the Child Advocacy Center. We also offer follow-up prevention education counseling and help families navigate services and systems

Crisis Counseling & Support Groups

Some survivors seek to connect with a counselor or other survivors to make sense of the healing process. We provide short-term counseling, groups for survivors and parents of child survivors, and groups for specific populations (LGBTQ+, men/women's groups, teens), and in targeted settings (i.e. school districts, colleges, treatment facilities, prisons).

Prevent sexual violence. Promote healing.

Trauma Therapy Sees Measurable Healing



TRAUMA THERAPY PROGRAM

EMDR | TF-CBT | DBT | IFS | FLASH

SARCC Trauma therapists use evidence-based trauma assessments to measure starting and ongoing trauma symptoms. Clients select a treatment modality that suits their needs and works with their advocates and therapists to establish safety.

AVERAGE STARTING SCORE: 14.3

Using PCAR's ACQ scale, clients who participated in therapy had a starting trauma score of 14.3. They often experienced nightmares, flashbacks, trauma echoes, and challenges in relationships, school, work, and community.

AVERAGE ENDING SCORE: 2.5

At the end of treatment, typically 6-12 months later with regular participation, clients saw an average drop of **83%** from their starting scores. Sleeping better, enjoying relationships, and finding joy in life come with the healing journey.



DONATE



VOLUNTEER



PREVENT



GET HELP

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A United Way Agency