



SAFE SECURE KIDS.ORG

#CONSENT FACTS

Consent means giving someone a choice about touch or actions and respecting their answer. With children, we often use the language "asking for permission."

TEACH YOUR CHILD

- Your body belongs to you
- You get to decide what happens to your body
- No one should touch you without permission
- Telling someone not to touch you is NOT rude
- Consent means always choosing to respect others' boundaries
- Respecting someone's boundaries shows that you care about them

LAY THE FOUNDATIONS

When children are young, we want to lay the foundation for setting boundaries, making decisions about their bodies, asking for permission, and responding appropriately when someone says no to them.

Besides consent, kids need to learn that they can set boundaries and limits on when and how their bodies are touched and by whom.

YOU CAN MODEL CONSENT

"Do you want a hug goodbye today? We could also wave or high five."

"Do you need a break from tickling, or are tickles still okay with you?"

"It's OK if you don't want a goodnight hug."

"Can I tell your teacher that you got a new pet?"

"Is it ok to sit beside you while you read your book?"

"Can I help you put your jacket on?"

FOR MORE INFORMATION:

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