



SEXUAL VIOLENCE IS COMMON

Your voice matters.

Talking about it can be hard. Many survivors wait a long time to talk about what happened. No matter when the violence took place, you have a right to healing and support.

SARCC works with people of all ages and genders. We offer 24/7 support from trained sexual assault counselors. Appointments happen in our office, online, over the phone, or by coming to you in the community. Services are no-cost and confidential.

Advocates move with survivors through systems to support them and answer questions. They work with you, and for you. You don't have to do this alone.



HEALING SERVICES

24/7 Support Line at:

- 717-272-5308 or
- 570-628-2965

Individual or group counseling

Medical & Legal Accompaniment

Advocacy Support

Victims Compensation Information

Trauma Therapy

Request services:
info@sarccheals.org

SARCC OFFERS NO-COST SERVICES

Overview of Advocacy & Support Programs

Counseling

Every survivor has a right to healing and support. Our counselors are trained to help every person find their path to healing. Counseling is no-cost, and may happen by phone, virtually, or in-person. Some people prefer to meet one-on-one. Others prefer a group. Contact our office to set up an intake with a trained sexual assault counselor. We have bilingual staff. We also work with interpreters as needed. 24/7 support from a trained advocate is also available through our hotlines.

Accompaniment

Many people who face sexual violence have questions about what is next. Advocates go to court, hospitals, or police stations. Survivors of recent sexual abuse have a right to a SAFE exam at no-cost. Our staff can assist with filing a report or getting a protection order.

Trauma-Informed Care

Trauma from sexual violence can include nightmares, flashbacks, or “echoes” back to the event. Some people feel anxious or high-alert. Others feel down or numb. Remember that every person has the tools they need to heal. You can make choices in healing your trauma. Request an intake to connect with a counselor today. Our staff can also train others on trauma-informed practices.

Advocacy and support are offered both in-person and virtually. Advocates will meet you in the community, at schools, other service providers, or doctor's offices if needed. All Advocacy services are no-cost.

Need more information?

Call our offices or email info@sarccheals.org to schedule an intake.



Lebanon

717-272-5308
615 Cumberland St.
Lebanon, PA 17042

Schuylkill

570-628-2965
17 Westwood Rd.
Pottsville, PA 17901

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SARCC

A United Way Agency